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MANAGEMENT OF FOOT & ANKLE DISORDERS

Name _____ Soc. Sec. No. _____

Date of Birth _____ Age _____ Male Female Non Binary Marital Status _____

Physical Address _____ City _____ State _____ Zip Code _____

Billing Address _____ City _____ State _____ Zip Code _____

Home/Cell Phone _____ Work Phone _____ Preferred Pharmacy _____

Email Address _____

Race: Not Specified American Indian or Alaska Native Asian Black or African American
 Native Hawaiian or Other Pacific Islander White

Ethnicity: Not Hispanic or Latino Hispanic or Latino

How would you like to be contacted regarding health information: Phone Email Mail

Who are we able to talk to on the phone: Patient only Patient and/or Spouse Anyone Answering the Phone

Name of Spouse or Parent _____

Next of Kin/Emergency Contact (name and phone) _____

How were you referred to the office? Patient _____ Doctor's Office _____ Media _____

Family Doctor _____ Date of last visit _____

Employer _____ Employer Phone Number _____

Employer Address _____ Position _____

INSURANCE INFORMATION

Type of Insurance _____ Policyholder _____

Member ID _____ Group Number _____

Policyholder Birth date _____ Policyholder Soc. Sec. No. _____

Policyholder Address _____

Relationship to Patient _____ Policyholder Employer _____

Employer Address _____

Employer Contact & Phone Number _____

Name: _____ Date of Birth: _____ Date: _____

CHIEF COMPLAINT - Why are you coming to the doctor today?

Is this condition work related? Yes No Did this injury occur at school? Yes No

Is this condition auto related? Yes No Injury or Trauma? Yes No
Date of Injury: _____ What happened? _____

Type of Problem

- | | | | |
|------------------------------------------------|-------------------------------------------|----------------------------------------|------------------------------------------------|
| <input type="checkbox"/> Corns, Callous, Nails | <input type="checkbox"/> Fracture/Sprains | <input type="checkbox"/> Warts, Tumors | <input type="checkbox"/> Bunions, Hammertoes |
| <input type="checkbox"/> Diabetic Foot Care | <input type="checkbox"/> Ingrown Nail | <input type="checkbox"/> Ankle Pain | <input type="checkbox"/> Neuroma or Nerve Pain |
| <input type="checkbox"/> Other | <input type="checkbox"/> Injury | <input type="checkbox"/> Numbness | |

When did the pain start? _____ Describe Pain. _____

Where does it hurt? Right Left Both When does it hurt? _____

Previous episodes? _____ Previous treatment and response? _____

Allergies Do you have any allergies to medications / environment / food? Yes No

- | | | | | |
|----------------------------------------|--------------------------------------|---------------------------------|------------------------------------|------------------------------------------|
| <input type="checkbox"/> NSAIDS | <input type="checkbox"/> Penicillin | <input type="checkbox"/> Sulfa | <input type="checkbox"/> Codeine | <input type="checkbox"/> Aspirin |
| <input type="checkbox"/> Novacaine | <input type="checkbox"/> Anesthetics | <input type="checkbox"/> Iodine | <input type="checkbox"/> Adhesives | <input type="checkbox"/> Metal or Nickel |
| <input type="checkbox"/> Environmental | Other: _____ | | Type of reaction _____ | |

Are you allergic to latex products? Yes No

Medications List all prescription medications you take; include dosage and frequency. Insulin, inhaler, and patches should be included here.

List all non-prescription medications you take routinely _____

Family History List illnesses or health issues. Any Family History of:

Mother's Side of the family: Blood Clot Diabetes High Blood Pressure Cancer
 Other: _____

Father's Side of the family: Blood Clot Diabetes High Blood Pressure Cancer
 Other: _____

Social History Shoe Size _____

Do you or have you ever smoked? Yes No How Much _____

**If you quit smoking, how long ago did you quit?* _____

Do you drink alcohol? Yes No How Much _____

Do you or have you ever used illegal substances? Yes No Current User Former User

What type of current/former occupation do/did you have? _____

Are you Disabled? Yes No Type / Nature of Disability _____

Name: _____ Date of Birth: _____

Past Surgical History Have you had any surgery before? Yes No

If yes, please list procedure and date _____

Past Medical History Do you have a history of any of the following?

- | | | | | |
|-----------------------------------------------|-------------------------------------------|------------------------------------------|----------------------------------------------|-------------------------------------|
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Stroke | <input type="checkbox"/> Nervousness | <input type="checkbox"/> Blood Clot |
| <input type="checkbox"/> Circulation Trouble | <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Gout | <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Glaucoma |
| <input type="checkbox"/> Heart Trouble | <input type="checkbox"/> Liver Disease | <input type="checkbox"/> Sleep Apnea | <input type="checkbox"/> MRSA | |
| <input type="checkbox"/> Kidney Disease | <input type="checkbox"/> Neuropathy | <input type="checkbox"/> Thyroid Disease | <input type="checkbox"/> Hepatitis | |
| <input type="checkbox"/> Rheumatoid Arthritis | <input type="checkbox"/> Leg Cramps | <input type="checkbox"/> Varicose Veins | <input type="checkbox"/> Alzheimer's Disease | |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Dementia | <input type="checkbox"/> Depression | <input type="checkbox"/> COVID-19 | |
| <input type="checkbox"/> Cancer Type: _____ | <input type="checkbox"/> Other: _____ | | | |

CONSTITUTIONAL

- Fever
- Weight loss intentional
- Weight loss unintentional
- Fatigue

CARDIOVASCULAR

- Chest pain (angina)
- Heart palpitations
- Heart attack
- Cold extremities
- Congestive Heart Failure
- Mitral Valve Prolapse

ENDOCRINE

- Night sweats
- Heat intolerance
- Cold intolerance
- Frequent thirst

GASTROINTESTINAL

- Pain
- Diarrhea
- Constipation
- GERD / Heart Burn
- Food intolerance
- History of Ulcers
- GI Intolerance

- Eyes _____
- Ears _____
- Nose _____
- Throat _____

GENITOURINARY

- Frequent urination
- Frequently blood in urine
- Painful urination
- Incontinence

INTEGUMENTARY

- Rash
- Itching
- Dry Skin
- Toenail/Fingernail changes

HEMATOLOGIC/LYMPHATIC

- Easy bruising
- Anemia
- Blood abnormalities
- Blood thinners
- HIV / AIDS
- Hepatitis

MUSCULOSKELETAL

- Pain -
 - Muscles Neck
 - Back Hips
 - Knees Ankles Foot
- Limited range of motion
- Limited strength
- Fibromyalgia

NEUROLOGICAL

- Headache
- Fainting
- Dizziness
- Memory loss
- Numbness
- Parkinson's
- Epilepsy

PSYCHIATRIC

- Temper
- Bipolar
- Anxiety

RESPIRATORY

- Shortness of breath
- Tuberculosis
- Emphysema
- COPD
- Asthma

Are your Immunizations
Up-to-date: Yes No

Have you had any of these vaccines:

- COVID-19 Vaccine
- Flu Vaccine
- Pneumonia Vaccine
- Shingles Vaccine

Unmarked box indicates that the patient denies this problem.